

Spring Moffitt
OM Theory I
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Formal letter

Angeltek Alternative Therapies

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Dr Reynolds
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Re: Kaylee Brown

Kaylee was recommended to my practice to see if the use of acupuncture would help her avoid the immediate need for surgery. The patient is a softball player that has a history of repeated rotator cuff injury. Examining the patient I determined that she had vacuities of qi and blood due to taxation fatigue. The patient plays hard and is often exhausted after her games. It is my estimation that the patient is overextending her body's resources of qi by taxing herself to much and therefore has created a deficiency of qi within her body. A qi vacuity sets the body up for deficiency of blood as well because the energy of qi is required to produce blood within the body. I have prescribed treatments that will strengthen the spleen to help counter this problem. The spleen is important in both bringing qi into the body and controlling the blood. The spleen's role in blood is that it places a role in both the production of it as well as holding it together to flow through the blood vessels properly. Tonifying the spleen helps to strengthen the blood.

If you want to view things in a strictly western medicine view, then we know that muscular pain and injury can result when there is not enough blood getting to the area. Metabolic wastes build up in the tissues and they begin to lack in the nutrients that get brought into the area by oxygen rich blood. In western medicine the spleen can hold up to 300ml of blood in the venous sinuses, which it releases back into the body when blood levels are low. You may wish to interpret that the treatments are sending a signal to the spleen to release some of the blood it is storing back into the system.

If you have any further questions please contact me at 602 555 1234.

Spring Moffitt, Lac.